

FIRST ANNOUNCEMENT

**SAVE THE DATE – VIRTUAL REGIONAL EXPERT MEETING ON THE
MANAGEMENT AND PREVENTION OF FRAGILITY FRACTURES
OCTOBER 24-25, 2020**

The ageing population is creating huge increases in the incidence of fragility fractures and the pressure on health services will be immense in the coming decades. These patients have a combination of:

- **Fragility** – of the bone, due to osteoporosis
- **Frailty** – of their entire physiology, due to ageing and comorbidities, with high risk of falls

They therefore need the combined skills of orthopaedic surgery and geriatric medicine in order to achieve a good (and cost-effective) outcome. The key elements of this *orthogeriatric* approach are:

- Multidisciplinary co-management of the acute phase
- Excellent rehabilitation to regain function and independence
- Secondary prevention to stop the next fracture

The Fragility Fracture Network (www.fragilityfracturenetwork.org) exists to promote this approach globally and the regional meetings are designed to reinforce that work. How to deliver geriatric competencies in countries with few geriatricians will be a major component. Free papers / posters will be included and will constitute an internet publication for the authors. Registration will be free.

If the challenge of fragility fractures is something that concerns you, please reserve these dates in your diary. A Second Announcement, with Call for Abstracts, will be issued soon.

FFN Malaysia will be hosting the 2nd Asia Pacific FFN Virtual Regional Expert Meeting, which was originally scheduled as a face to face meeting last March in Kuala Lumpur.

If you want to be informed about the programme and would consider attending virtually, please send an email to REMKualaLumpur@ff-network.org, giving the following information:

- Title, given name and family name
- Your discipline, country and where you work
- The relevant scientific associations to which you belong

We look forward to hearing from you.

FFN Regionalisation Committee

FFN Malaysia

3rd Aug 2020